

> 10 Best Dive Destination Values!

SCUBA DIVING

THE MAGAZINE DIVERS TRUST

JESSICA ALBA

**Takes
the
Plunge**

**DIVER'S GUIDE
TO HEALTHY TRAVEL**

Six Steps for Staying
Safe Overseas

**BE STRONGER,
LAST LONGER**

How To Streamline for Easy Diving

**YOUR
DIGITAL
CAMERA
FLOODS
—NOW
WHAT?**

PAGE 95

SEPTEMBER 2005

SCUBADIVING.COM

